

Year 11 Advice Booklet

Sir Jonathan North Community College

HOW YOU CAN SUPPORT YOUR DAUGHTER

Your daughter is preparing for her GCSE examinations in May and June of Year 11 and you really can make a difference by supporting her through what can, for many students, be a difficult and stressful time.

In Year 11, she will be completing coursework for some exam subjects, still working through the syllabus and then, nearer the exams, revising in lessons by going through past exam papers and going over aspects of the work she finds difficult.

She should also be working at home. Stress levels can rise and there may be times when you feel that you are sitting the exams rather than her, but your help and support through this year will prove invaluable!



“Success is the sum of small efforts, repeated day in and day out.” - Robert Collier

TIPS TO HELP YOUR DAUGHTER REVISE EFFECTIVELY

- Ensure she has somewhere to study
- Encourage her to keep her books and notes organised
- Make sure she eats properly and drinks plenty of water. The brain works better when the body is fed and watered!
- Sessions should last no longer than half an hour or an hour at most, and then a short break before starting another subject
- No more than two subjects a night
- Plan to revise specific topics in each subject, not everything at once
- Start each session by tackling the most difficult bits first
- Revisit each subject several times
- Encourage your daughter to use the revision methods she has been taught - mind maps, brief notes, pictures, spider diagrams. Just reading things through doesn't usually work! The more she processes information, the more likely it is to stick!
- Televisions and loud music do not help revision, but quiet background music might
- Working with a friend can help because it allows them to test each other and talk about the work
- Revision guides are very useful. Your daughter will be able to get some from College. Others can be bought from bookshops like Waterstones or WH Smith. Teachers can advise which ones are best.
- There are also good revision websites such as BBC Bitesize at www.bbc.co.uk/education/revision.
- Some revision materials, provided by the College, are available on line, and can be accessed from home
- Check how she is doing by letting her explain something to you if you can understand the explanation, then she will be able to produce a good answer in the exam.
- Try to be positive and reassuring to build her confidence



WHEN THE ACTUAL EXAMS ARRIVE

- Make sure your daughter continues to attend lessons up to the examination in each subject
- Give your daughter time for revision before and between exams, by not asking her to do too much babysitting or housework (When they are over, she can make up for it!)
- Encourage the rest of the family to give her space and peace while she works
- Emphasise the need for plenty of sleep, especially the night before an exam
- Don't let her work herself into a state of exhaustion - encourage her to take regular breaks
- Ask her to put her social life on hold. She and her friends can celebrate when it is all over!

ON THE DAY OF AN EXAM

Ensure she gets up on time and is in College at least **20** minutes before the exam is due to start

Ask if she has everything she needs

1. Pens (black) and sharpened pencils
2. A rubber and a ruler
3. A watch
4. Maths and Science exams may require a calculator and a protractor
5. Most examinations take place in the Sports Hall, which can be very cold or very hot, depending on the weather. Appropriate clothing is essential
6. A small bottle of water (minus the label!) can be useful in the exam if it is very hot

Tell her to switch her mobile phone off and leave it off until after the exam, or better still, leave it at home

Wish her good luck as she leaves!

WHAT WE DO

In addition to the teaching in lessons, which continues up to the day of the exam, we

- Run structured revision programmes. Faculties will usually organise these, often at lunchtimes and after school.
- Run a series of Study Skills workshops to help your daughter revise effectively.
- Target students who have been identified as having particular needs and for students who are not meeting their target grade.

Year 11 Intervention Sessions: January 2017 – June 2017

Please find below the schedule of times / days of times for Year 11 support we have.

	1.15pm – 1.45pm	3.00pm – 4.00pm
Monday	Humanities	Mathematics
Tuesday	Languages / PE	Science
Wednesday	Science	English
Thursday	DT	Humanities
Friday	Computing / Health and Social Care	Expressive Arts

ONLINE SUPPORT & RESOURCES

All Sir Jonathan North Community College students have access to many online resources to help them with their revision.

Maths – Corbett Maths
My Maths
Mathswatch
Kerboodle

English – Edmodo
Revision Packs

Science – My GCSE Science
Kerboodle

Physical Education – Useful websites

<https://revisionworld.com/gcse-revision/pe-physical-education/ocr-gcse-physical-education-pe>
<http://www.bbc.co.uk/education/subjects/znyb4wx>

https://getrevising.co.uk/revision-cards/pe_gcse_ocr_b451

<http://www.peresourcesbank.co.uk/free-resources/>

<https://www.pe4learning.com/pe4learning-on-theory/#gsc.tab=0>

Computer Science -

<https://v3.pebblepad.co.uk/spa/#/public/Zdj8m7gcmj46yw5k8Hhw7WpdzW>

Modern Foreign Languages

Use Quizlet. <https://quizlet.com/login> - Excellent for vocabulary learning and getting ready for Listening and Reading exams.

Revision World website has lots of AQA past papers + mark schemes.

<http://www.revisionworld.com/gcse-revision/french>

Business Studies

Website with past papers and links to all revision resources found at

<http://padlet.com/spope2/bsa293>

and <http://padlet.com/spope2/bsa292> for both the examined units.

Religious Studies

Useful website

Bitesize -<http://www.bbc.co.uk/education/subjects/zb48q6f>

https://www.youtube.com/results?search_query=mr+mcmillan+revis