

27 April 2017

Practice Expedition Information



Dear Parents and Carers

This letter will focus on our first Expedition of the season which will take place in the Melton Mowbray area of Leicestershire.

Date: Saturday 13 May 2017 to Sunday 14 May 2017
Start Time: 8.00am (Saturday)
Finish Time: 5.00pm (Sunday)
Drop-off: Sir Jonathan North Community College
Pick up: Sir Jonathan North Community College
Kit: All kit that has been hired through the school must be dried out on Sunday evening (for example tents and rucksacks) and returned to Ms Stone in W12 during Monday 15 May 2017 morning registration

PLEASE NOTE: The finish time is an approximate figure and we may finish after the time indicated above, if we are going to be more than half an hour late you will be contacted by myself or by Teej Patel.

Further information about both the expeditions can be found in the parent guide. Should you not have a copy, a digital copy is available on the school website: www.sjncc.leicester.sch.uk

A general kit list has been provided on the next two pages.

Mobile phones are banned. Please ensure your child does not have their phone on them as this may mean that your child and their team do not pass the expedition. For their safety, we provide each team with a sealed mobile phone with staff numbers programed in. The students will be able to contact a member of staff should an emergency arise.

If you need to urgently contact your child, please take note of Teej's mobile: 07866633144. If you are having difficulty in getting through, please try a text message as this often works better in low reception areas.

If you have any questions or concerns, please contact either myself or Teej at 0116 2708116 or email:

lstone@sjncc.leicester.sch.uk

tpatel@sjncc.leicester.sch.uk

Yours faithfully

Lucy Stone
DofE Coordinator

Kit List

(highlighted kit is compulsory)

CLOTHING		
Got it	Packed it	Item needed
		1 pair of walking boots (broken in)
		2 pairs of walking socks
		2 pairs of sock liners (optional)
		2-3 t shirts
		Thermal t shirt (optional)
		2 fleece tops or similar
		2 walking trousers/leggings (warm, NOT jeans)
		Underwear
		Nightwear
		Flipflops/trainers/sandals etc (optional for camp site use)
		Warm hat and or sun hat (as appropriate)
		1 pair of gloves (if appropriate)
		1 pair of shorts (if appropriate)
		Waterproof over-trousers
		Jacket/coat (waterproof and windproof)
		1 pair gaiters (optional)
PERSONAL KIT		
Got it	Packed it	Item needed
		Rucksack
		Rucksack liner (or 2 strong plastic bags)
		Sleeping bag
		Sleeping mat
		Waterproof bag to put spare clothing in
		Sleeping bag liner
		Survival bag
		Whistle
		Torch (hand held or head) AND spare batteries
		Personal first aid kit including any medication you may need
		Expedition food (including emergency rations)
		2 x 1 litre bottles of water
		Knife, fork, spoon
		Plate/bowl
		Mug
		Wash kit/personal hygiene items (some items could be shared as a group)
		Sunblock (if appropriate)
		Tiny towel
		Small quantity of money (optional)
		Notebook, pen/pencil
		Watch

Kit List

(highlighted kit is compulsory)

GROUP KIT (to be carried between the team)		
Got it	Packed it	Item needed
		Tent
		Camping stove(s) (provided by school)
		Camping stove fuel (provided by school)
		Cooking pans
		Washing up kit: Scourer, tea towel, washing up liquid
		Plastic bags (for rubbish)
		Toilet paper
		Team food
		Maps (provided by school)
		Compass (provided by school)
		Map cases (optional)
		Camera (optional)
		Permanent Marker