



# This Week

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@SJNCCSchool

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## From the Principal:

At Sir Jonathan North, we are experts in how girls learn best and strongly believe that girls learn best in single sex schools. This is because they are prepared to take more educational risks in an all-girl environment. Research over a number of years says they achieve better than girls attending mixed schools in all subjects. At Sir Jonathan North, teachers know students well and focus their teaching style on what works best to enable every learner to make the best progress.

Alison Merrills

## THOUGHT OF THE WEEK

'Let today be the day you give up who you've been for who you can become.'

Hal Elrod

## COLLEGE CALENDAR

20 February	College re-opens after Half Term
21 February	Space to Earth Triathlon
22 February	Parent Forum 5.30 pm
2 March	Year 10 Parents' Evening

## REMINDER - PARENT FORUM

The Parent Forum meets termly to discuss issues that are important to parents, students and staff. We would like to invite parents and carers to a meeting on **Wednesday 22 February at 5.30 pm**.

Following the tragic death of local school girl Kayleigh Haywood, Leicestershire Police made a film about the last few weeks of her life to raise awareness of the dangers of online grooming. This meeting will give parents the opportunity to view the film with time to ask questions and discuss issues with a Community Support Officer. The meeting will last for about 45 minutes and will take place in the Main Hall. We look forward to seeing you at this screening.

Alison Merrills

## TIP OF THE WEEK



**Get enough sleep.** If you have trouble getting out of bed in the morning, then make a serious effort to get to bed earlier. Sufficient sleep is essential for maximum brain function anyway, so make sure that your phone is on silent too!

## STARS OF THE WEEK

With 100% attendance and no late marks last week, our Stars of the Week are:



Year 7	<b>Zara Joyce 7.5</b>
Year 8	<b>Annie Shay 8.1</b>
Year 9	<b>Molly Priest 9.2</b>
Year 10	<b>Jasmine Lucas 10.2</b>
Year 11	<b>Fiza Ahmad 11.9</b>



Carl Hartley, Assistant Principal

## SPOTLIGHT ON YEAR 11

As you are reading this 19 members of staff will be in Yorkshire at the Kingswood Residential Centre with 97 Year 11 students. A fantastic start to half term, really bringing home that with hard work and effort along with a bit of courage, anything really is possible. Courage doesn't always spring to mind when we are talking about revision and preparing for exams, but it is a key element to success. It is easier to not try, and blame failure on lack of application and effort than it is to try our very hardest and bravely put ourselves on the line and still not succeed.

Learning is littered with failure, and sometimes it can take us ten times of trying to learn something before it finally sinks in. I remember trying to ride my bike, I was the oldest of my friends to learn to ride and I kept falling off, it seemed to always be in a rose bush or on the most pebbled of pavements, small bits of grit embedding themselves into my already scarred knees. I gave up lots of times, not brave enough to continue; it was easier to not learn. Eventually I got it, I still remember it like it was yesterday, I wrapped my knees and elbows in old socks and tried again, this time with the knowledge my failure would not result in pain.

Please urge your daughter not to give up when it gets tough, don't let her think there is only one way to learn and above all be there for her when she is frustrated that she hasn't got it. We all need that comforting shoulder at times, and a bit of coaxing to get back on that bike!

We have compiled some subject specific revision tips and placed them on the school website which you can find on the link below. There are lots of suggestions and different ways to try learning when what your daughter has been doing doesn't seem to be going in. <http://www.sjncc.leicester.sch.uk/parents/revision-programmes.html>

*'Courage doesn't always roar. Sometimes courage is the little voice at the end of the day that says I'll try again tomorrow.'*

Mary Anne Radmacher

Alice King, Assistant Principal

## DRAMA CLUB PERFORMED AT LEICESTER COMEDY FESTIVAL

Eighteen students and three staff attended and performed at The Leicester Comedy Festival at Regent College on Wednesday evening this week.

The cast included students from Years 7, 8 and 11:

**Abigail Wotherspoon, Grace Read, Zara Khan, Bethany Westerman, Claudia Osborne, Frances Macleod, Nawal Mohamed, Grace Mcintosh, Faith Crumme, Tashie Bullough, Zainab Ahmed, Ruby Hawksley, Sileena West -Martin, Madiha Mohammed, Chris- Ali Kavanagh, Grace Newton, Emily Wood, Hannah Lefley.**

Our play was called 'Memories', an amusing story of 2 office workers who realise they went to the same primary school.

The students were amazing and made the audience laugh as they put their heart and soul into every aspect of the performance.

They were a credit to Sir Jonathan North throughout as they supported St. Paul's

Performance on the night. Thank you to everyone who made it work for us. We look forward to seeing you in our audience next time.



Mrs Thornber, Expressive Arts Team

## UNDER 13 CRICKET COMPETITION

On Wednesday 1 February, the under 13 team played in the West Areas Cricket Finals against Babington Community College. The game ebbed and flowed and there were some superb bowling, batting and fielding skills from both teams. It all came down to the last over and then the last ball. Babington needed to score a six from the last ball of the game to win. Nobody had scored a six in the whole game, Zoya bowled a fast paced ball and Babington made contact with the ball and the pace of the ball sent it flying over all our heads and scored a six. A great team effort and we lost by one run. The game was a cracker to watch and extremely exciting. Well done everybody!

**Simardeep Kaur, Armandeep Kaur, Aditi Quisan, Henali Maisuria (capt.), Calavati Devji, Smriti Mukes, Summer Stiles, Zoya Malik, Zoha Malik, Eve Wan, Jasmeen Kooner.**



Ms Lowther, Curriculum Team Leader PE

## HARRY POTTER NIGHT FANDOM

Thursday 2 February was the 'Night of Harry Potter.' Ms. Vyas the library wizard, decided to celebrate 20 years since Harry Potter came in to our lives via J.K.Rowling's book 'Harry Potter and the Philosopher's Stone'.

All the Sir Jonathan North Potter fans from the Kingdom of Potterland were invited to doodle a new professor with an exceptional wizardly name. All their magical creations are going to be flown off to the National Competition by Bloomsbury Publishers to win a class ticket for a magical tour to Warner Bros. Studio in London, a set of fantastic Johnny Duddle illustrated books, a tote bag and a bunting set! Here are some wizardly doodles from our Potterland fans, who enjoyed playing with words, exploring new words in other languages, team work, laughing and having fun with lots of glitter, colours and enjoying chocolates!



Mrs Vyas, LRC Manager

## SPACE TO EARTH TRIATHLON

Tuesday 21 February Arrive at 1:05 pm

Tim Peake invites you to get fit with him. Pupils are challenged to collectively travel the distance from Earth to the Space Station in a day by running and biking.



In the tennis centre. Bring your P.E. kit. Use tennis centre changing rooms.

**Tickets available from Miss Shearer in L16**

Supported by the UK Space Agency and British astronaut Tim Peake



## YEAR 7 BASKETBALL RESULTS

Two Year 7 teams played in the last city tournament at Rushey Mead Academy on Wednesday 8 February. The Basketball club has been very popular and we wanted to give all the girls the opportunity and experience of playing against other schools. Unfortunately only one other team turned up.

The two Sir Jonathan North teams, Bananas and Blackberries (named by the girls because of the colour of the kit) played the first game against each other. It was nice to see the girls showcasing their skills and seeing how much they have improved since attending the club. The Bananas came out the stronger team winning 24-6. They then played against Crown Hills, both games were very physical and tough but both teams displayed some great determination and spirit with all the girls getting an equal amount of court time. The Bananas drew 8-8 and the Blackberries just lost with the score being 8 - 6.

Well done to all the girls and to Rachel Adlard who was reserve and number one supporter.

Teams - **Bananas** -

**Eve Wan, Elisha Onions, Abbie Roberts, Zoya Malik, Zoha Malik, Armandeep Kaur, Asha Wilson, Jes Kooner, Emma Burke and Mira Lakhani.**

**Blackberries** - Emma

**Rainton, Hanifah Afinowi, Summer Stiles, Simardeep**

**Kaur, Emma Webb, Gurleen Johal, Angeline Mupenda, Estrella Kent, Nadia Lamin and Enara Hillier-Drewett.**



Miss Bryan, PE Team

## DANCE NEWS

On Tuesday 7 February Year 10 Dancers attended an amazing contemporary dance workshop led by Ian Dolan who works on behalf of Dance4 Centre for Advanced Training. Our students were really pushed with challenging technique, exercises and movement. They also choreographed their own sequences in response to various verbs and were asked to think out of the box! All students loved the session and have been invited to attend a Dance4 CAT taster session!



On Wednesday 8 February Year 10 Dancers attended a dance session led by Brooksby Melton College lecturer, Laura Gilchrist. Students participated in a release based warm up and intricate travelling work and learnt dance material

in response to a poem.

Students were also given information regarding dance courses and possible careers in dance.

A busy week with students really inspired and having learned movement which they can now build into their GCSE performance pieces. Well done to you all!

Miss Matthew, Subject Leader Dance

## GOODBYE MISS MATTHEW

It's time to say goodbye to Miss Matthew- one of Sir Jonathan North's brilliant, identical twin dance teachers. We all found it tricky to tell the two Miss Matthews apart at first, and some are still guessing! Can you tell which is which? Miss Matthew has said that she will be coming back to deliver dance workshops in the future at Sir Jonathan North. So hopefully it's just goodbye for now! We wish her all the best.



Miss Stanton, Team Leader Expressive Arts