

This Week

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From the Principal:

Well-being matters. We know that poor mental well-being can have an impact on every area of our daily life. It can have a negative impact on physical health. It can affect our work and our relationships.

We know from reports in the media and from our experiences with our students that young people's lives are becoming increasingly frantic with the pressures of modern life: family, friends, school work and social media.

Therefore we are trialling an eight week 'mindfulness' programme at College for invited students in Years 10 and 11. The purpose of the programme is to provide students with the tools to help them to quieten their minds, take time to be still as well as to alleviate stress.

Mindfulness has been shown to be an invaluable tool in helping young people to become more resilient to psychological stress. It also boosts concentration and happiness; promotes healthy living and emotional well-being. If it is a success, we hope to offer a similar programme to students in all years in future.

Alison Merrills

THOUGHT FOR THE WEEK

'The world is going up in flames, O Lord – shower it with your mercy, save it, and deliver it from sin through whichever door (religion) humanity approaches.'

Guru Granth Sahib

COLLEGE CALENDAR

Term dates for 2014-2015 are available on the College website:

www.sjncc.leicester.sch.uk

20 January	Year 9 Science Visit
28 January	Year 10 Loughborough University Visit
29 January	Year 9 Parents' Evening
5 February	Year 10 Parents' Evening

ATTENDANCE Who did well last week?

	Year to date	%	w/e 09/01/2015	%
Year 7	7.8	97.5	7.1	99.0
	7.2	97.4	7.8	98.5
	7.3	96.7	7.5	98.0
Year 8	8.5	95.5	8.2 & 8.4	99.0
	8.1	95.4	8.7	97.2
	8.7	95.3	8.1	96.4
Year 9	9.2	96.2	9.5	99.0
	9.6	96.0	9.6	97.6
	9.5	95.6	9.9	96.6
Year 10	10.7	96.2	10.3	98.6
	10.5	95.3	10.6	95.7
	10.6	94.9	10.1	95.3
Year 11	11.5	97.6	11.5	99.5
	11.3	96.7	11.4	99.0
	11.7	96.4	11.7	98.0
Overall College attendance		94.7		95.0

SPOTLIGHT ON YEAR 11



As we progress through the second term at Sir Jonathan North Community College, the Study Support Programme for Year 11 begins to gather momentum. Below are the details of what we are offering next week. It is important that all our students are supported with their academic progress so we would urge everyone in Year 11 to attend as many sessions as possible where there will be:

- opportunities for revision
- additional tuition
- a focus on topics which will be on the summer exam series.

Students can get further information from their subject teachers.

In addition to the Student Support Programme, the third Assertive Mentor meetings have been taking place this week and will continue into next week. All students will have an opportunity to meet with their Assertive Mentor to discuss progress in Year 11. Meetings will focus on the mock exams which took place before Christmas as well as strategies on how to make further progress.

Mr. Sheldrake, Assistant Principal

ADVERSE WEATHER CONDITIONS

We would like to remind parents of the arrangements in place in the event of adverse weather conditions. Should we judge the weather conditions on site and/or in the local area to be a health and safety risk, we may be forced to close the College.

You will find information on this by:

- visiting the College website www.sjncc.leicester.sch.uk
- listening to BBC Radio Leicester or by visiting its website: www.bbc.co.uk/leicester

In the very unlikely event that the College is forced to close before the usual time of 2.55 pm, we will inform parents by text message.

Should you prefer your daughter to remain in College until 2.55 pm, a record of this will have been kept in the Main Office.

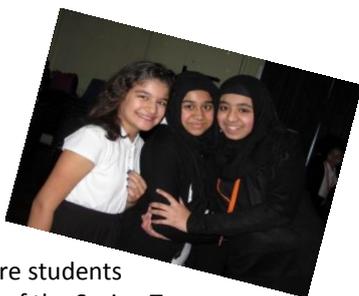
YEAR 11 STUDY SUPPORT PROGRAMME: WEEK BEGINNING 19/1/15

	SUBJECT	ROOM	SUBJECT	ROOM
	Lunch 1.10 – 1.55 (45 minutes)		3.05 – 4.05 (1 hour)	
Monday	Business Studies PE / Food / Textiles Health and Social Care	W10	Science	L10
Tuesday	Geography / History Leisure and Tourism Sociology	W8	Mathematics	
Wednesday	French Spanish	See classteacher	Dance Drama	Dance Studio Drama Studio
Thursday	Religious Studies ICT/Computing	See classteacher	English	M14

CELEBRATING SUCCESS WITH REWARD EVENTS

At the end of last term we held some fantastic reward events for all year groups to reward students for good attendance, punctuality and behaviour. We were pleased that almost 80% of students in Year 7 – 11 attended these, and a great time was had by all. The events held were:

- Year 7 Raffle and Dance-off
- Year 8 Disco
- Year 9 Disco
- Year 10 Disco
- Year 11 Pizza Lunch



We look forward to seeing even more students at the next reward event at the end of the Spring Term.



Mrs Ram,
Assistant Principal

EXAM ENTRIES AT OTHER COLLEGES

Any student in Years 9, 10 or 11 who is taking a GCSE or GCE examination at another college must see the Exams Officer to obtain her UCI (Unique Candidate Identifier) and ULN (Unique Learner Number). All entries for these examinations must be made using the numbers that are allocated to you by the college.

Mrs Broughton, Exams Officer

GCSE 'STATEMENT OF ENTRY'

Year 11 students will be given their GCSE 'Statement of Entry' on Tuesday, 20 January. These must be checked and signed by parents and must be returned to their tutor by Friday, 23 January at the latest.

A small number of Year 10 students will also be receiving GCSE 'Statement of Entry' on Monday, 19 January. These must also be checked, signed and returned to their tutor by Friday, 23 January.

Mrs Broughton, Exams Officer

THE YOUNG AMERICANS RETURN

20 - 22 MARCH 2015



The last Young Americans Performance Workshop weekend was in March 2012. It gave us good opportunities to make new friends and to build confidence. Although it only lasted a few days, new songs and dances were learned, which will be remembered forever, and hidden talents and skills were unleashed. The Young Americans were so friendly and welcoming and we felt like a family for those few days.

We hope to enjoy an even more dynamic Young Americans outreach workshop in March 2015 and encourage more people to join in. The whole weekend was life-changing and it helped students to find confidence they did not know they had. Students from 14 schools across Leicester City and County will come together for the workshop and the musical outreach event will culminate in a show on the Sunday evening to friends and family of all participants. The 44 Young Americans will be hosted by students and staff from Sir Jonathan North and other schools and colleges across Leicester and Leicestershire. We are looking forward to another memorable weekend.

How to get involved?

1. Collect letter/s from the Arts office or speak to your Music, Dance or Drama teacher.
2. Return the letter and consent form with the payment of £54 (this includes the cost of performance T Shirt) in a labelled envelope with name, Young Americans 2015 and how much is enclosed for the workshop.

Who can be involved?

1. Anyone from age 7 up to age 18, girls or boys from Sir Jonathan North or any other schools or colleges. Think if there are any of your friends and family who fit the criteria and would like to be involved.

When is it?

1. Friday 20 March 2015, 4 - 9pm
2. Saturday 21 March 2015, 9 - 7pm
3. Sunday 22 March 2015, 12.00pm until 6.45pm (end of show)

How can I host Young Americans at our home?

1. Speak to Mrs Thornber and ask for a Homestay information pack.

Any other queries please just ask or e-mail the college FAO: Mrs Thornber

