

- \* Items are Halal – Vegetarian options available each day

## WEEK 1

### Monday

<u>Meat</u>	<u>Vegetarian</u>	<u>Vegetables</u>	<u>Dessert</u>	<u>Bread</u>
Sausages	Quorn Sausage	Baked Beans	Apple Crumble &	Wholemeal
Creamed Potatoes	Creamed Potatoes	Garden Peas	Custard	Bread
		Mixed Salad	Iced Sponge	

Grab 'N' Go Bar – Panini - Cheese OR Cajun Chicken OR Roast Vegetables and Salsa

### Tuesday

<u>Meat</u>	<u>Vegetarian</u>	<u>Vegetables</u>	<u>Dessert</u>	<u>Bread</u>
Chinese Chicken Curry	Cheese & Tomato Pizza	Sweetcorn	Sticky Date & Orange	
Fried Rice	Wedges	Coleslaw	Flapjack	White
		Mixed Salad	Ice Cream	Bread

Grab 'N' Go Bar – Fish and Chips - Vegetable Nuggets & Chips Both served with Mushy Peas

### Wednesday

<u>Meat</u>	<u>Vegetarian</u>	<u>Vegetables</u>	<u>Dessert</u>	<u>Bread</u>
Flaky Topped Chicken Pie	Vegetable Masala	Broccoli	Chocolate Muffin	Pitta Bread
Boiled Potatoes	Rice	Carrots	Cherry Shortbread	
		Mixed Salad		

Grab 'N' Go Bar – Pizza – Cheese OR Pepperoni OR Spicy Vegetables

### Thursday

<u>Meat</u>	<u>Vegetarian</u>	<u>Vegetables</u>	<u>Dessert</u>	<u>Bread</u>
Roast Chicken & Stuffing	Macaroni Cheese	Cabbage	Chocolate Tart	Pitta Bread
Roast Potatoes	Jacket Potato	Mixed Vegetables	Frozen Yogurt	
		Mixed Salad		

Grab 'N' Go Bar – Build A Wrap – Crispy Breaded Chicken or B.B.Q Chicken or Roasted Vegetables OR B.B.Q Roasted Vegetables

### Friday

<u>Meat</u>	<u>Vegetarian</u>	<u>Vegetables</u>	<u>Dessert</u>	<u>Bread</u>
Fish Fingers	Vegetable Nuggets	Garden Peas	Fruit Sponge & Custard	White Bread
Creamed Potatoes	Tomato Pasta	Sweetcorn	Coconut Cookie	
		Mixed Salad		
		Baked Beans		

Grab 'N' Go Bar – Chinese Day – Sweet and Sour Chicken or Vegetable with Rice Prawn Crackers